

PAST SIMPLE AND CONTINUOUS - LEARNING TIME - TEACHER'S NOTES

How to use the set

This set is designed to review or reinforce the knowledge of Past Simple and Past Continuous. The students have a chance to thoroughly practice the context of both tenses improving the understanding of their contexts. The activities are organized sequentially from clear rules to guided practice, sentence practice and including gap-fill stories.

How it works 1 & 2

- Activity Goal: It's a reminder of the rules and structure of Past Continuous. Review Past Continuous showing the changes in grammar construction and illustrate the use by showing the images and examples. All the notes can also be found under !.

Grammar check

- Activity Goal: Review and solidify the rules for combining the two tenses (20 examples).
- A quick quiz format - multiple choice questions that help ss understand the context. Discuss the reasoning for each choice, focusing on whether the action was in progress (Past Continuous) or completed/interrupting (Past Simple).

Sentence time

- Activity Goal: Practice using 'when' and 'while' to connect the tenses. Students decide which conjunction (when/while/and) is best and form one grammatically correct sentence using both tenses.

Question time

- Activity Goal: Practice making questions using prompts and forming different contexts. Can be used as a pair work activity for ss to ask and answer the questions.

**Story time 1 & 2**

- Activity Goal: text with blanks. Practice applying both tenses in an extended narrative context. This activity tests their understanding of action flow: a continuous background interrupted by a sequence of simple actions.



Story time 1 - The Meeting

Read the text carefully and write the correct forms of the verbs. Use Past Simple or Past Continuous

It _____ (be) a dark and stormy night. I _____ (walk) home from work when I _____ (see) a strange light in the forest. I _____ (decide) to go closer. While I _____ (climb) the fence, I _____ (slip) and _____ (fall) into a puddle. I _____ (get) up and _____ (run) towards the light.

Someone _____ (stand) by a tree, and he _____ (look) at a map. He _____ (wear) a big hat and a long coat. He _____ (not / see) me at first because he _____ (look) at the map so carefully. Suddenly, he _____ (hear) me, and when he _____ (turn) around, I _____ (feel) afraid.

While I _____ (think) what to do, the man _____ (put) the map into his bag. The wind _____ (blow) strongly, and the trees _____ (make) a loud noise. I _____ (try) to stay calm, but my heart _____ (beat) fast.

The man _____ (speak) to me. He _____ (ask) if I _____ (know) the way to the train station. I _____ (say) no, but while we _____ (talk), I _____ (see) something shiny under the tree. I _____ (pick) it up. It _____ (be) a small key.

The man _____ (smile) when he _____ (see) the key. While he _____ (take) it from me, the light suddenly _____ (go) out, and everything _____ (be) dark again.



Story time 1

Read the text carefully and write the correct forms of the verbs. Use Past Simple or Past Continuous - answer key

It **was** a dark and stormy night. I **was walking** home from work when I **saw** a strange light in the forest. I **decided** to go closer. While I **was climbing** the fence, I **slipped** and **fell** into a puddle. I **got** up and **ran** towards the light.

Someone **was standing** by a tree, and he **was looking** at a map. He **was wearing** a big hat and a long coat. He **didn't see** me at first because he **was looking** at the map so carefully. Suddenly, he **heard** me, and when he **turned** around, I **felt** afraid.

While I **was thinking** what to do, the man **put** the map into his bag. The wind **was blowing** strongly, and the trees **were making** a loud noise. I **tried** to stay calm, but my heart **was beating** fast.

The man **spoke** to me. He **asked** if I **knew** the way to the train station. I **said** no, but while we **were talking**, I **saw** something shiny under the tree. I **picked** it up. It **was** a small key.

The man **smiled** when he **saw** the key. While he **was taking** it from me, the light suddenly **went** out, and everything **was** dark again.



Story time 2

Read the text carefully and write the correct forms of the verbs. Use Past Simple or Past Continuous

It (be) _____ a cold winter evening. I (walk) _____ through the park when I (notice) _____ a strange box lying on the ground. I (stop) _____ and (look) _____ around, but nobody (be) _____ there. I (pick up) _____ the box and (open) _____ it. Inside, I (find) _____ a note.

While I (read) _____ the note, I suddenly (hear) _____ footsteps behind me. I (turn) _____ around quickly. A woman (stand) _____ there. She (wear) _____ dark glasses and a scarf that (cover) _____ most of her face. She (not say) _____ anything at first. She just (watch) _____ me.

I (feel) _____ nervous. The wind (blow) _____ hard, and the snow (fall) _____ quietly. While I (think) _____ about what to do, the woman (point) _____ at the box. Then she (speak) _____. She (ask) _____ me to give it back.

I (not understand) _____. "Back to who?" I (ask) _____. She (smile) _____, but she (not answer) _____. While she (reach) _____ for the box, a dog (start) _____ barking loudly nearby. She (jump) _____, (grab) _____ the box from my hands, and (run) _____ away into the dark trees.

I (want) _____ to follow her, but when I (look) _____ down, I (see) _____ something on the ground. It (be) _____ another note.

Story time 1 - The Strange Box

Read the text carefully and write the correct forms of the verbs. Use Past Simple or Past Continuous - answer key

It **was** a cold winter evening. I **was walking** through the park when I **noticed** a strange box lying on the ground. I **stopped** and **looked** around, but nobody was there. I **picked** up the box and **opened** it. Inside, I **found** a note.

While I **was reading** the note, I suddenly **heard** footsteps behind me. I **turned** around quickly. A woman **was standing** there. She **was wearing** dark glasses and a scarf that **was covering** most of her face. She **didn't say** anything at first. She **was** just **watching** me.

I **felt** nervous. The wind **was blowing** hard, and the snow **was falling** quietly. While I was thinking about what to do, the woman **pointed** at the box. Then she **spoke**. She **asked** me to give it back.

I **didn't understand**. "Back to whom?" I **asked**. She **smiled**, but she **didn't answer**. While she **was reaching** for the box, a dog **started** barking loudly nearby. She **jumped**, **grabbed** the box from my hands, and **ran** away into the dark trees.

I **wanted** to follow her, but when I **looked** down, I **saw** something on the ground. It **was** another note.

Have Fun!!

SYMBOLS AND NAVIGATION



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